



**FEDERACION ECUATORIANA DE ATLETISMO
RECORDS NACIONALES ADULTOS**



VARONES

ADULTOS

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V. | NOMBRES | PROVINCIA | F.NAC | SEDE | FECHA |
|------------------|----------|--------|---|------------|------------|-------------------------------------|------------|
| 100 metros | 10.09 | 2.0 | Alex Quiñonez | Esmeraldas | 11/08/1989 | Gran Prix Medellín | 25/05/2013 |
| 100 metros | 10.09 | (-0.7) | Alex Quiñonez | Esmeraldas | 11/08/1989 | Cochabamba, ODESUR | 06/06/2018 |
| 200 metros | 19.87 | (-0.1) | Alex Quiñonez | Esmeraldas | 11/08/1989 | Liga Diamante, Suiza | 05/07/2019 |
| 400 metros | 46.28 | | Alex Quiñonez | Esmeraldas | 11/08/1989 | Braga, Portugal | 29/06/2019 |
| 800 metros | 1:46.55 | | Byron Piedra | Azuay | 19/08/1982 | Belén, BRA | 25/05/2008 |
| 1500 metros | 3:37.88 | | Byron Piedra | Azuay | 19/08/1982 | J.P. Rio Janeiro, BRA | 25/07/2007 |
| 3000 metros | 7:47.06 | | Byron Piedra | Azuay | 19/08/1982 | Belén, BRA | 19/05/2010 |
| 5000 metros | 13:23.72 | | Byron Piedra | Azuay | 19/08/1982 | Bélgica | 22/07/2012 |
| 10000 metros | 27:32.59 | | Byron Piedra | Azuay | 19/08/1982 | Palo Alto, EEUU | 01/05/2011 |
| 110 vallas | 13.44 | 1.2 | Jackson Quiñonez | Esmeraldas | 12/06/1980 | J.O. Atenas, GRE | 24/08/2004 |
| 400 vallas | 49,76 | | Alejandro Chala | Carchi | 02/08/1991 | J Bol - TRUJILLO | 29/10/2013 |
| 3000 Obstáculos | 8:48.50 | | Pablo Ramírez | Pichincha | 22/12/1975 | Mar del Plata, ARG | 05/04/1997 |
| S. Alto | 2,30 | | Diego Ferrín | Pichincha | 21/03/1988 | J.P. Guadalajara, MEXICO | 27/10/2011 |
| S. Garrocha | 5,55 | | José Pacho | Manabi | 30/01/1996 | Bestsseller Golenioow, Polonia | 23/06/2019 |
| S. Largo | 8,16 | 0.0 | Hugo Chila | Pichincha | 22/07/1987 | J. B. Sucre - Bolivia | 23/10/2009 |
| S. Triple | 17,03 | 0.3 | Hugo Chila | Pichincha | 22/07/1987 | J. B. Sucre - Bolivia | 25/11/2009 |
| I. Bala | 17,76 | | Santiago Espín | Pichincha | 25/06/1996 | Gran Prix Carlos Strutz, CHI | 08/04/2016 |
| L. Disco | 69.60 | | Juan Caicedo | Carchi | 27/07/1992 | Meeting Villa Nova Cerveira POR | 23/07/2020 |
| L. Martillo | 62.82 | | Guillermo Braulio | Morona | 25/06/1990 | CN sub23, CUENCA | 01/09/2012 |
| L. Jabalina | 74,68 | | José Escobar | Pichincha | 21/08/1991 | G. Prix Internacional, Cuenca | 15/03/2015 |
| Decatlón | 8004 | | Anddy Preciado | Esmeraldas | 12/10/1997 | Camp. Suda Mayores, GUAYAQUIL | 31/05/2021 |
| 4x100 m. Relevos | 39.62 | | John Valencia, Alex Quiñonez, Franklín Nazareno, Luis Moran. | | | J Bol - Trujillo | 29/10/2013 |
| 4x200 m. Relevos | 1:24.89 | | Alex Quiñonez, Anderson Marquinez Steeven Salas, Katriel Angulo | | | Mundial Silecia, Polonia | 02/05/2021 |
| 4x400 m. Relevos | 3:06.94 | | Katriel Angulo, Miguel Maldonado, Steeven Salas, Alan Minda | | | Mundial Juvenil U20 Nairobi Kenia | 21/08/2021 |
| 4X400 m. Mixto | 3:26.49 | | Alan Minda, Evelyn Mercado, Steeven Salas, Nicole Caicedo | | | Juegos Bolivarianos Valledupar, Col | 01/07/2022 |
| 10000m. Marcha | 38:44.66 | | Alexander Hurtado | Pichincha | 21/04/1999 | Guayaquil, Ecuador | 18/04/2021 |
| 20000m. Marcha | 1:20.23 | | Andrés Chocho | Azuay | 04/11/1983 | B. Aires, ARGENTINA | 05/06/2011 |
| 20 Km. Marcha | 1:17:21 | | Jefferson Pérez | Azuay | 01/07/1974 | C.M. Paris, FRA | 23/08/2003 |
| 35 Km. Marcha | 2:31.25 | | Andrés Chocho | Azuay | 04/11/1983 | Dudince, Eslovaquia | 23/04/2022 |
| 50 Km. Marcha | 3:42.57 | | Andrés Chocho | Azuay | 04/11/1983 | Ciudad Juarez, Chihuahua MEX | 06/03/2016 |
| 1/2 Maratón | 01:01.36 | | Rolando Vera | Azuay | 27/04/1965 | Oslo | 24/09/1994 |
| Maratón | 2:09.49 | | Silvio Guerra | Pichincha | 18/09/1969 | Chicago, USA | 19/10/1997 |

DAMAS.-

ADULTOS

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V. | NOMBRES | | F.NAC | SEDE | FECHA |
|------------------------|------------|------|--|------------|------------|-------------------------------------|------------|
| 100 metros | 10.99 | 0.9 | Ángela Tenorio | Pichincha | 27/01/1996 | J. P. Toronto - Canada | 22/07/2015 |
| 60m Bajo Techo | 7.49 | | Yuliana Angulo | Pichincha | 06/07/1994 | Berlin - Charlottenburg | 16/01/2022 |
| 200 metros | 22.74 | 0.5 | Anahi Suarez | Pichincha | 02/02/2001 | Campeonato Mundial Oregon , USA | 19/07/2022 |
| 200m Bajo Techo | 24.27 | | Maribel Caicedo | Guayas | 01/04/1998 | Covention Center, Albuquerque USA | 11/02/2022 |
| 400 metros | 52.9 | | Liliana Chala | Pichincha | 07/06/1966 | Sao Paolo, BRA | 11/10/1987 |
| | 52.9 | | Lucy Jaramillo | Imbabura | 01/01/1983 | Sucre, BOL | 23/11/2009 |
| 800 metros | 2:04.00 | | Andrea Calderón | Loja | 05/03/1993 | J. Bolivarianos Santa Marta | 24/10/2017 |
| 1500 metros | 4:16.30 | | Carrmen Alder Caisalitin | Cotopaxi | 06/03/2003 | Stanford California, USA | 01/04/2022 |
| 3000 metros | 9:18.1 | | Martha Tenorio | Pichincha | 06/08/1966 | Victoria, USA | 03/06/1992 |
| 5000 metros | 15:53.55 | | Ma. Elena Calle | Azuay | 25/07/1975 | Indianápolis, USA | 30/05/2009 |
| 10000 metros | 32:42.25 | | Martha Tenorio | Pichincha | 06/08/1967 | Vancouver, CAN | 30/05/1992 |
| 10 KM Ruta | 32:40.00 | | Katerine Tisalema | Pichincha | 12/02/1998 | Villa de Laredo, España | 19/03/2022 |
| 60 m vallas Bajo Techo | 8.22 | | Maribel Caicedo | Guayas | 01/04/1998 | Covention Center, Albuquerque USA | 29/01/2022 |
| 100 vallas | 13.01 | | Maribel Caicedo | Guayas | 01/04/1998 | Athletics Sprint Elite USA | 12/05/2018 |
| 400 vallas | 56.50 | | Lucy Jaramillo | Imbabura | 01/01/1983 | Cali, COL | 24/06/2012 |
| 3000 obstáculos | 10:06.74 | | Katherine Tisalema | Pichincha | 28/07/1996 | Juegos Panamericano, Lima | 10/08/2019 |
| S. Alto | 1,83 | | Joice Micolta | Esmeraldas | 14/10/2021 | Sudamericano Mayores, Guayaquil | 30/05/2021 |
| S. Garrocha | 3,90 | | Ana Quiñonez | Guayas | 04/06/1999 | Sudamericano Concordia | 13/11/2016 |
| S. Largo | 6,67 | 1.8 | Juliana Angulo | Pichincha | 06/07/1994 | Gran premio Alemania | 16/05/2021 |
| S. Triple | 14,05 | 0.0 | Liuba Zaldivar | Pichincha | 05/04/1993 | Prix Internacional, Ximena R | 01/05/2019 |
| I. Bala | 15.67 | | Lorna Zurita | Imbabura | 10/05/2001 | Juegos Bolivarianos Valledupar, Col | 03/07/2022 |
| L. Disco | 53.02 | | Merari Herrera | Pichincha | 10/02/2001 | Sudamericano U23 Guayaquil | 16/10/2021 |
| L. Martillo | 67,32 | | Valeria Chilinguinga | Napo | 27/02/1991 | Portugal | 04/05/2019 |
| L. Jabalina | 60,91 | | Yuleixi Angulo | El Oro | 02/01/2001 | Camp. Ibero , Alicante, España | 20/05/2022 |
| Heptatlon | 5925 | | Nancy Vallecilla | Pichincha | 24/11/1957 | Götzis, GER | 26/05/1985 |
| 4x100 m. Relevos | 43.69 | | Marisol Landazuri, Anais Suarez, Yuliana Angulo, Angela Tenorio | | | Juegos Olimpicos, Tokio | 05/08/2021 |
| 4x200 m. Relevos | 1:35.91 | | Virginia Villalba, Angela Tenorio, Anais Suarez, Marisol Landazuri | | | Yokohama, Japon | 11/05/2019 |
| 4x400 m. Relevos | 3:37.84 | | Evelin Mercado, Nicole Caicedo, Virginia Villalba, Anahi Suarez | | | J. Bolivarianos, Valledupar, Col | 05/07/2022 |
| 10000 m. Marcha | 44:19.40 | | Glenda Morejón | Imbabura | 30/05/2000 | Cap. Mundial Finlandia | 10/07/2018 |
| 10 km Marcha | 43:04.00 | | Glenda Morejón | Imbabura | 30/05/2000 | Camp. Nac. Marcha, Sucua | 09/03/2019 |
| 20000 m. Marcha | 1h29.24.61 | | Glenda Morejón | Imbabura | 21/01/1997 | Camp. Sud. Mayores ,Guayaquil | 29/05/2021 |
| 20 Km. Marcha | 1h25:29 | | Glenda Morejón | Imbabura | 30/05/2000 | Cantones, La Coruña | 08/06/2019 |
| 35km. Marcha | 2h48.26.62 | | Paola Perez | Azuay | 21/12/1989 | Campeonato Sadam de Marcha | 06/02/2022 |
| 50km Marcha | 4h11:12 | | Johanna Ordoñez | Azuay | 12/12/1987 | Juegos Panamericano, Lima | 11/08/2019 |
| 1/2 Maratón | 1:11:40 | | Martha Tenorio | Pichincha | 06/08/1968 | Camp Sud. Río de Janeiro/BRA | 23/08/1998 |

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| Maratón | 2:27.37 | | Paola Bonilla Tello | Azuay | 05/12/81986 | Maraton de Valencia/España | 05/12/2021 |
|---------|---------|--|---------------------|-------|-------------|----------------------------|------------|

RECORDS NACIONALES SUB23

VARONES

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V. | NOMBRES | PROVINCIA | F.NAC | SEDE | FECHA |
|------------------|-----------|------|---|--------------|------------|-------------------------------------|------------|
| 100 metros | 10.22 | 1.1 | Franklín Nazareno | Manabí | 24/04/1987 | Cuenca, ECU | 10/03/2007 |
| 200 metros | 20.47 | 0.0 | Franklin Nazareno | Manabí | 24/04/1987 | Cochabamba, BOL | 03/06/2007 |
| 400 metros | 47.15 | | Cristhian Matute | Pichincha | 17/12/1983 | Quito, ECU | 10/07/2004 |
| 800 metros | 1:46.93 | | Byron Piedra | Azuay | 19/08/1982 | Quito, ECU | 11/07/2004 |
| 1500 metros | 3:39.31 | | Byron Piedra | Azuay | 19/08/1982 | Belen, BRA | 23/05/2004 |
| 3000 metros | 8:08.58 | | Byron Piedra | Azuay | 19/08/1982 | Huelva, | 8/872004 |
| 5000 metros | 14:09.21 | | Rolando Vera | Azuay | 27/04/1965 | Santiago, CHI | 05/12/1986 |
| 10000 metros | 28:20.24 | | Rolando Vera | Azuay | 27/04/1965 | Roma, ITA | 29/08/1987 |
| 110 vallas | 13.64 | 0.3 | Jacksón Quiñonez | Esmeraldas | 12/06/1980 | Ambato, ECU | 13/09/2001 |
| 400 vallas | 49.76 | | Emersón Chala | Carchi | 02/08/1991 | Trujillo, PER | 28/11/2013 |
| 3000 Obstáculos | 8:48.50 | | Pablo Ramirez | Pichincha | 22/10/1975 | Mar del Plata, ARG | 05/04/1997 |
| S. Alto | 2,21 | | Diego Ferrín | Pichincha | 21/03/1988 | La Habana CUB | 23/05/2010 |
| S. Garrocha | 5,40 | | Dyander Pacho | Manabí | 02/08/2000 | Juegos Bolivarianos Valledupar,Col | 05/07/2022 |
| S. Largo | 8,16 | 0.0 | Hugo Chila | Sto. Domingo | 22/07/1987 | Sucre, BOL | 23/11/2009 |
| S. Triple | 17,03 | 0.2 | Hugo Chila | Sto. Domingo | 22/07/1987 | Sucre, BOL | 25/11/2009 |
| I. Bala | 17,76 | | Eduardo Espín | Pichincha | 25/07/1996 | Santiago, CHI | 08/04/2016 |
| L. Disco | 56,74 | | Juan Caicedo | Carchi | 27/07/1992 | Cuenca, ECU | 14/09/2014 |
| L. Martillo | 62,82 | | Guillermo Braulio | Pastaza | 25/06/1990 | Cuenca, ECU | 01/09/2012 |
| L. Jabalina | 71,77 | | José Escobar | Pichincha | 21/08/1991 | Ibarra, ECU | 13/10/2013 |
| Decatlón | 7.528 | | Andy Preciado | Pichincha | 12/10/1997 | Cuenca, ECU | 21/05/2017 |
| 4x100 m. Relevos | 40.02 | | . K. Angulo,A. Marquinez, S. Salas,k. Simisterra | | | Juegos Panamericanos Junior U23 | 02/12/2021 |
| 4x400 m. Relevos | 3:06.94 | | Katriel Angulo, Miguel Maldonado, Steeven Salas, Alan Minda | | | Mundial Juvenil U20 Nairobi Kenia | 21/08/2021 |
| 4X400 m. Mixto | 3:26.49 | | Alan Minda , Evelyn Mercado, Steeven Salas, Nicole Caicedo | | | Juegos Bolivarianos Valledupar, Col | 01/07/2022 |
| 10000m. Marcha | 38:44.66 | | Alexander Hurtado | Pichincha | 21/04/1999 | Guayaquil , Ecuador | 18/04/2021 |
| 20000m. Marcha | 1h20:55.4 | | Jefferson Pérez | Azuay | 01/07/1974 | Fana | 04/05/1996 |
| 20 Km. Marcha | 1h20:07 | | Jefferson Pérez | Azuay | 01/07/1974 | Atlanta | 26/07/1996 |

DAMAS.-**ACTUALIZADO 20 JULIO DEL 2022**

| PRUEBAS | REGISTRO | V.V. | NOMBRES | | F.NAC | SEDE | FECHA |
|------------------|-----------------|-------------|---|------------|--------------|-------------------------------------|--------------|
| 100 metros | 10.99 | 0.9 | Ángela Tenorio | Pichincha | 27/01/1996 | J. P. Toronto - Canada | 22/07/2015 |
| 200 metros | 22.74 | 0.5 | Anahi Suarez | Pichincha | 02/02/2001 | Campeonato Mundial Oregon , USA | 19/07/2022 |
| 400 metros | 52.9 | | Liliana Chala | Pichincha | 07/06/1966 | Sao Paolo, BRA | 11/10/1987 |
| 800 metros | 2.07.61 | | Andrea Calderón | Loja | 05/03/1993 | Trujillo, PER | 28/11/2013 |
| 1500 metros | 4:16.30 | | Carrmen Alder Caisalitin | Cotopaxi | 06/03/2003 | Stanford California, USA | 01/04/2022 |
| 3000 metros | 9.23.28 | | Janeth Caizalitin | Cotopaxi | 21/04/1974 | Plovdiv | 09/08/1990 |
| 5000 metros | 16.04.47 | | Janeth Caizalitin | Cotopaxi | 21/04/1974 | Walnut | 20/04/1996 |
| 10000 metros | 34:50.90 | | Sandra Ruales | Pichincha | 30/05/1974 | Santa Fé, ARG | 23/06/1986 |
| 100 vallas | 13.01 | | Maribel Caicedo | Guayas | 01/04/1998 | Athletics Sprint Elite USA | 12/05/2018 |
| 400 vallas | 57.13 | | Liliana Chala | Pichincha | 07/06/1965 | Indianapolis, USA | 12/08/1987 |
| 3000 obstáculos | 10:11.98 | | Mónica Amboya | Chimborazo | 09/06/1982 | Huelva, ESP | 06/08/2004 |
| S. Alto | 1,80 | | Joyce Micolta | Esmeraldas | 14/10/1998 | Cochabamba, ODESUR | 05/06/2018 |
| S. Garrocha | 3,90 | | Ana Quiñonez | Guayas | 04/06/1999 | Concordia, ARG | 13/11/2016 |
| S. Largo | 6,50 | 0.6 | Juliana Angulo | Pichincha | 06/07/1994 | Medellín, COL | 10/05/2015 |
| S. Triple | 13,17 | 0.8 | Lorena Mina | Esmeraldas | 12/06/1987 | Quito, ECU | 16/05/2009 |
| I. Bala | 15.67 | | Lorna Zurita | Imbabura | 10/05/2001 | Juegos Bolivarianos Valledupar, Col | 03/07/2022 |
| L. Disco | 53.02 | | Merari Herrera | Pichincha | 10/02/2001 | Sudamericano U23 Guayaquil | 16/10/2021 |
| L. Martillo | 62,59 | | Zuleima Mina | Pichincha | 05/06/1990 | Sao Paolo, BRA | 23/09/2012 |
| L. Jabalina | 60,91 | | Yuleixi Angulo | El Oro | 02/01/2001 | Camp. Ibero , Alicante, España | 20/05/2022 |
| Heptatlon | 5.154 | | Joyce Micolta | Esmeraldas | 14/10/1998 | J. Bolivarianos Santa Marta | 24/10/2017 |
| 4x100 m. Relevos | 44.56 | | Nicole Chala, Gabriela Suarez, Nicole Caicedo, Andreina Minda | | | Juegos Panamericanos Junior U23 | 02/12/2021 |
| 4x400 m. Relevos | 3:41.69 | | Deisy T, Grace A, Karina C, Lucy J. | | | Barquisimeto | 27/06/2004 |
| 10000 m. Marcha | 44:19.40 | | Glenda Morejón | Imbabura | 30/05/2000 | Cap. Mundial Finlandia | 10/07/2018 |
| 10 km Marcha | 43:04.00 | | Glenda Morejón | Imbabura | 30/05/2000 | Camp. Nac. Marcha, Sucua | 09/03/2019 |
| 20000 m. Marcha | 1h29.24.61 | | Glenda Morejón | Imbabura | 21/01/1997 | Camp. Sud. Mayores ,Guayaquil | 29/05/2021 |
| 20 Km. Marcha | 1h25:29 | | Glenda Morejón | Imbabura | 30/05/2000 | Cantones, La Coruña | 08/06/2019 |

RECORDS NACIONALES SUB20

ACTUALIZADO 20 JULIO DEL 2022

VARONES

| PRUEBAS | REGISTRO | V.V. | NOMBRES | PROVINCIA | F.NAC | SEDE | FECHA |
|---------------------|----------|--------|---|------------|------------|-----------------------------------|------------|
| 100 metros | 10.45 | 0.9 | Franklin Nazareno | Manabi | 24/04/1987 | Buenos Aires, ARG | 10/11/2006 |
| 200 metros | 20.80 | 0.4 | Katriel Angulo | Tungurahua | 23/01/2002 | Juegos Panamericanos Junior U23 | 03/12/2021 |
| 400 metros | 47.38 | | Alan Minda | Tungurahua | 28/12/2002 | Nacional U23 , Quito | 31/07/2021 |
| 800 metros | 1:50.88 | | Cristian Matute | Pichincha | 17/12/1983 | Guatemala, GUA | 11/05/2002 |
| 1500 metros | 3:47.82 | | Kevin Angulo | Chimborazo | 09/01/1995 | Montevideo, URUGUAY | 05/10/2014 |
| 5000 metros | 14:24.16 | | Rolando Vera | Azuay | 27/04/1965 | | 24/08/1984 |
| 10000 metros | 30:25.98 | | Néstor Quinapanta | Tungurahua | 09/02/1970 | Montevideo, URUGUAY | 19/06/1989 |
| 110 vallas (1,6m) | 14.26 | 1.2 | Jackson Quiñonez | Esmeraldas | 12/06/1980 | Concepción Chile | 23/10/1999 |
| 110 vallas (0,99m) | 13.58 | (-1.9) | Marcos Herrera | Pichincha | 30/06/1999 | Leonora - Guyana | 03/06/2017 |
| 400 vallas | 52.35 | | Alejandro Chala | Carchi | 02/08/1991 | Sucre, BOL | 25/11/2009 |
| 3000 obstáculos | 9:00.14 | | Wilson Navarrete | Bolivar | 15/04/2004 | Lima, PER | 08/07/2022 |
| S. Alto | 2,15 | | Jackson Quiñonez | Esmeraldas | 12/06/1980 | Cuenca | 28/05/1999 |
| S. Garrocha | 5,35 | | José Pacho | Manabí | 30/01/1996 | Edmonton, Canada Camp. Pan | 31/07/2015 |
| S. Largo | 7,95 | 0.0 | Hugo Chila | Pichincha | 14/05/1987 | Quito | 07/09/2006 |
| S. Triple | 16,62 | 1.18 | Hugo Chila | Pichincha | 14/05/1987 | Quito | 08/90/2006 |
| I. Bala (6 Kg) | 18,80 | | Santiago Espín | Pichincha | 25/06/1996 | Camp. Nac. Juvenil- CUENCA | 25/06/2015 |
| L. Disco (1.75kg) | 55,41 | | Juan Caicedo | Carchi | 27/07/1992 | Guayaquil, JNJ | 23/07/2011 |
| L. Jabalina | 70,77 | | Jean Mairongo | Orellana | 02/02/2001 | Camp. Panamericano U20, CR | 20/07/2019 |
| L. Martillo (6kg) | 66,06 | | Cristhian Suarez | Guayas | 15/01/1999 | Juegos Nacionales, U20 Cuenca | 06/07/2018 |
| Decatlón | 6708 | | Andy Preciado | Esmeraldas | 12/10/1997 | J. Nac. Juvenil - Cuenca | 04/09/2016 |
| 4x100 m. Relevos | 40.75 | | A. Marquinez, S. Ssalas, J.Mina, K. Angulo | | | Camp. Panamericano U20, CR | 20/07/2019 |
| 4x400 m. Relevos | 3:06.94 | | Katriel Angulo, Miguel Maldonado, Steeven Salas, Alan Minda | | | Mundial Juvenil U20 Nairobi Kenia | 21/08/2021 |
| 4x400m Mixto | 3:31.90 | | M Vasquez, E. Mercado , X. Ibarra A. Minda | | | Camp. Mundial U20, Nirobi , Kenia | 18/08/2021 |
| 5000 m. Marcha | 20:02.0 | | Jefferson Pérez | Azuay | 01/07/1974 | Guayaquil | 11/01/1990 |
| 5 km Marcha | 19:49.54 | | Jefferson Pérez | Azuay | 01/07/1974 | Lima, PER | 23/11/1990 |
| 10000 m. Marcha | 39:50.73 | | Jefferson Pérez | Azuay | 01/07/1974 | Winnipeg | 16/07/1993 |
| 10 Km. Marcha | 39.46.0 | | David Hurtado | Pichincha | 21/02/1999 | Gran Premio Cantones, Coruña | 03/06/2017 |

RECORDS NACIONALES SUB20

DAMAS

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V | NOMBRES | PROVINCIA | F.NAC | SEDE | FECHA |
|------------------|----------|-----|--|--------------|------------|-----------------------------------|------------|
| 100 metros | 11.09 | 0.8 | Ángela Tenorio | Pichincha | 27/01/1996 | G Prix Internacional, Cuenca | 13/03/2015 |
| 200 metros | 22.84 | | Ángela Tenorio | Pichincha | 27/01/1996 | Camp. Sudamericano Juvenil | 31/05/2015 |
| 400 metros | 53,25 | | Gabriela Suarez | Pichincha | 08/10/1994 | Prix Internacional Richard Boroto | 13/12/2020 |
| 800 metros | 2.07,63 | | Yadira Méndez | Pichincha | 19/06/1994 | J. Bol - Trujillo | 29/11/2013 |
| 1500 metros | 4:16.30 | | Carrmen Alder Caisalitin | Cotopaxi | 06/03/2003 | Stanford California, USA | 01/04/2022 |
| 3000 metros | 9:23.28 | | Janeth Caisalitin | Cotopaxi | 21/07/1974 | Plovdiv, HUN | 09/08/1990 |
| 5000 metros | 17:02.42 | | María Paredes | Tungurahua | 13/10/1979 | | 22/06/1997 |
| 10000 metros | 34:56.80 | | Sandra Rúales | Imbabura | 30/05/1974 | Montevideo, URU | 19/06/1989 |
| 100 vallas | 13.45 | | Maribel Caicedo | Guayas | 01/04/1998 | Pana. Juvenil Edmonton | 01/08/2015 |
| 400 vallas | 59.76 | | Marina Poroza | Chimborazo | 18/01/1998 | Camp. Nac. Prix Intern. Cuenca | 21/05/2017 |
| 3000 Obstáculos | 10:29.45 | | Erika Pilicita | Pichincha | 28/07/1996 | Prix Internacional Lima, PER | 23/04/2017 |
| S. Alto | 1,78 | | Joyce Micolta | Esmeraldas | 14/10/1998 | J. Bolivarianos Santa Marta | 24/10/2017 |
| S. Garrocha | 3,90 | | Ana Quiñonez | Guayas | 04/06/1999 | Sudamericano Concordia | 13/11/2016 |
| S. Largo | 6,10 | 0.0 | Adriana Chila | Sto. Domingo | 31/10/1996 | Camp. Sudamericano Juvenil | 30/05/2015 |
| S. Triple | 12,97 | | Adriana Chila | Sto. Domingo | 31/10/1996 | Camp. Sudamericano Juvenil | 31/05/2015 |
| I. Bala | 15,20 | | Jessica Molina | Guayas | 13/08/1998 | Eastern States Championships | 01/03/2016 |
| L. Disco | 47,87 | | Merari Herrera | Pichincha | 10/02/2001 | Camp. Sudamericano U20 | 16/06/2019 |
| L. Jabalina | 58,96 | | Yuleixi Angulo | El Oro | 02/01/2001 | Camp. Panamericano CR | 19/07/2019 |
| L. Martillo | 61,20 | | Elizabeth Mina | Napo | 04/01/1997 | Camp. Nac. Juvenil U20 | 26/06/2015 |
| Heptatlon | 5.154 | | Joyce Micolta | Esmeraldas | 14/10/1998 | J. Bolivarianos Santa Marta | 24/10/2017 |
| 4x100 m. Relevos | 44.88 | | Jimabel F, Maribel C, Kenya Q, Angela T. | | | Camp. Sudamericano Juvenil | 30/05/2015 |
| 4x400 m. Relevos | 3:44.38 | | Rosa C, Gabriela Ch, Karina C, Lucy J. | | | Ambato | 15/09/2001 |
| 5 Km Marcha | 21:42.00 | | Glenda Morejón | Imbabura | 30/05/2000 | Copa Panamericana, Lima | 13/05/2017 |
| 5000 m. Marcha | 22:25.16 | | Glenda Morejón | Imbabura | 30/05/2000 | Juegos Nac. Pre-juveniles | 26/08/2017 |
| 10000 m. Marcha | 44:19.40 | | Glenda Morejón | Imbabura | 30/05/2000 | Cap. Mundial Finlandia | 10/07/2018 |
| 10 km Marcha | 43:04.00 | | Glenda Morejón | Imbabura | 30/05/2000 | Camp. Nac. Marcha, Sucua | 09/03/2019 |
| 20 Km. Marcha | 1h25:29 | | Glenda Morejón | Imbabura | 30/05/2000 | Cantones, La Coruña | 08/06/2019 |

RECORDS NACIONALES SUB18

VARONES

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V. | NOMBRES | PROVINCIA | F.NAC | SEDE | FECHA |
|------------------|----------|------|--|------------|------------|-------------------------------|------------|
| 100 metros | 10.54 | 1.3 | Juan Venegas | Imbabura | 21/07/1987 | Cuenca | 12/06/2004 |
| 200 metros | 21.34 | | Steeven Salas | Tungurahua | 03/12/2002 | Juegos. Nac. U18 Cuenca | 05/05/2019 |
| 400 metros | 47.55 | | Francisco Aguirre | Pichincha | 01/05/1986 | Sud Adultos. Barquisimeto VEN | 21/06/2003 |
| 800 metros | 1:52.97 | | Jean Jácome | Pichincha | 22/05/1997 | J. Nac. Juv - MACAS | 10/05/2014 |
| 1500 metros | 3:57.09 | | Kevin Angulo | Pichincha | 09/01/1995 | Camp. Sud. Juvenil COL | 23/06/2007 |
| 3000 metros | 8:39.53 | | Diego Arévalo | Azuay | 26/01/1998 | Cam. Nac. Senior- Guayas | 05/07/2104 |
| 110 vallas | 13.55 | | Marcos Herrera | Pichincha | 30/06/1999 | Sudamericano, Concordia | 12/11/2016 |
| 400 vallas | 52.76 | | Cristian Lozada | Azuay | 10/02/1994 | Sidney, AUSTRALIA | 22/03/2011 |
| 2000m Obstáculos | 5:56.73 | | Diego Arévalo | Azuay | 26/01/1998 | Selectivo J.O. - GUAYAQUIL | 26/04/2014 |
| S. Alto | 2.07 | | Justín Herrera | Guayas | 27/07/2002 | Camp. Nac. Quito | 05/05/2019 |
| S. Garrocha | 4.93 | | José Pacho | Manabí | 30/01/1996 | JN. JUV Riobamba | 30/08/2013 |
| S. Largo | 7.50 | 0.10 | Eric Zambrano | Manabí | 24/07/1992 | Guayaquil | 12/06/2009 |
| S. Triple | 16.04 | 1.08 | Adrián Sornoza | Manabí | 05/08/1992 | Sucre, BOL | 17/11/2009 |
| I. Bala | 18.08 | | Vito Morales | Imbabura | 12/11/2013 | Sudamericano Concordia | 12/11/2016 |
| L. Disco | 56.01 | | Santiago Espín | Pichincha | 25/06/1996 | CN Pre-juveniles - Quito | 16/09/2012 |
| L. Jabalina | 74.32 | | Jean Mairongo | Orellana | 02/02/2001 | J.O. Jueventud, Buenos Aires | 13/10/2018 |
| L. Martillo | 69.48 | | Cristhian Suarez | Chimborazo | 15/01/1999 | Juegos Nacionales - Cuenca | 01/09/2016 |
| Octathlon | 5242 | | Oscar Mina | Pichincha | 14/07/1985 | Quito | 21/09/2002 |
| Decatlón | 7007 | | Preciado Madrigal Andy | Esmeraldas | 12/10/1997 | Camp. Sud. Pre-Juvenil Cali | 30/11/2014 |
| 4x100 m. Relevos | 42.23 | | Steeven Salas, Katriel Angulo, Kevin Macias, Isai Saldaña | | | Camp. Nac. Quito | 04/05/2019 |
| Relevo Combinado | 1:57.51 | | José Pesantes, Diego Pacheco, Francisco Aguirre, Esteban Lucero. | | | Sherbrooke, CAN | 11/07/2003 |
| Relevo MIXTO | 3:34.98 | | Franco Loja, Sebastian Acuña, Fanny Estupiñan, Tania Caicedo. | | | Mundial Menores Cali, COL | 19/07/2015 |
| 5000 m. Marcha | 20:02:00 | | Jefferson Pérez | Azuay | 01/07/1974 | Guayaquil | 11/11/1990 |
| 5 km Marcha | 19:49.54 | | Jefferson Pérez | Azuay | 01/07/1974 | Lima, PER | 23/11/1990 |
| 10000m Marcha | 40:08.23 | | Jefferson Pérez | Azuay | 01/07/1974 | Plovdiv, BUL | 10/08/1990 |
| 10 Km. Marcha | 41:32.00 | | David Hurtado | Pichincha | 21/02/1999 | Festival de marcha USATF, NY | 06/11/2016 |

RECORDS NACIONALES SUB18

DAMAS

ACTUALIZADO 20 JULIO DEL 2022

| PRUEBAS | REGISTRO | V.V | NOMBRES | | F.NAC | SEDE | FECHA |
|-----------------------|----------|-----|---|--------------|------------|--------------------------------|------------|
| 100 metros | 11,29 | | Anahí Suarez | Pichincha | 02/02/2001 | J.O. Juventud, Buenos Aires | 12/10/2018 |
| 200 metros | 23.13 | 2.1 | Angela Tenorio | Pichincha | 27/01/1996 | CM DONESTK | 17/07/2013 |
| 400 metros | 54.28 | | Angela Tenorio | Pichincha | 27/01/1996 | JN Juvenil IBARRA | 29/09/2012 |
| 800 metros | 2:10.8 | | Diana Armas | Pichincha | 31/03/1990 | Guayaquil | 26/09/2004 |
| 1500 metros | 4:17.70 | | Janeth Caisalitin | Cotopaxi | 21/07/1974 | Manaos, BRA | 15/10/1990 |
| 3000 metros | 9:47.27 | | Vanessa Alder | FEA | 31/08/2005 | High School Girl, USA | 28/04/2022 |
| 100 vallas | 13.04 | | Maribel Caicedo | Guayas | 01/04/1998 | Camp. Mundial Cali | 17/07/2015 |
| 400 vallas | 1.00,93 | | Virginia Villalba | Napo | 10/07/1996 | JN Juvenil, Ibarra | 01/10/2012 |
| 2000m Obstáculos | 7:04.01 | | Alexandra Cevallos | Chimborazo | 06/07/1996 | JN Pre - Macas | 29/09/2013 |
| S. Alto | 1,71 | | Katherine Alcívar | Guayas | 19/02/1991 | Ambato | 27/09/2008 |
| S. Garrocha | 3,90 | | Ana Quiñonez | Guayas | 04/06/1999 | Camp Sud. Concordia | 13/11/2016 |
| S. Largo | 5,79 | | Katherine Alcívar | Guayas | 19/02/1991 | Ambato | 27/09/2008 |
| S. Triple | 12,87 | | Adriana Chila | Sto. Domingo | 31/10/1996 | J. N Juvenil CHIMBORAZO | 29/08/2013 |
| I. Bala (3KG) | 16,72 | | Jessica Molina | Guayas | 13/08/1998 | USATF, Lisle, IL | 01/06/2015 |
| L. Disco (1KG) | 45,42 | | Merary Herrera | Pichincha | 10/02/2001 | Juegos Nac. Cuenca | 07/07/2018 |
| L. Jabalina (500GR) | 59,82 | | Yuleixi Angulo | El Oro | 02/01/2001 | J. O. Juventud, Buenos Aires | 11/10/2018 |
| L. Martillo (3KG) | 69,94 | | Elizabeth Mina | Napo | 04/01/1997 | C. Nac. Prej - Guaranda | 27/09/2014 |
| Heptatlon(vallas 76c) | 5059 | | Jennifer Canchingre | El oro | 22/03/1997 | Camp. Sud. Cali | 30/11/2014 |
| 4x100 m. Relevos | 46,12 | | Nicol Caicedo, Katherin Chillambo, Ashley Perea, Aimara N | | | Juegos Nac. Prejuvenil, Cuenca | 32/8/2017 |
| Relevo Combinado | 2:11.8 | | Lorena Mina, Jessica Perea, Deysi Tenorio, Erika Chavez. | | | Guayaquil | 26/09/2004 |
| 3000 m. Marcha | 13:48.0 | | Bertha Vera | Azuay | 31/12/1974 | Guayaquil | 10/11/1990 |
| 3 km Marcha | 14:01.03 | | Miriam Ramón | Azuay | 10/02/1973 | Machala | 14/10/1989 |
| 5000 m. Marcha | 22:25.16 | | Glenda Morejón | Imbabura | 30/05/2000 | Juegos Nac. Cuenca | 26/08/2017 |
| 5 Km Marcha | 21:42.00 | | Glenda Morejón | Azuay | 30/05/2000 | Copa Panamericana, Lima | 13/05/2017 |